

ORAL SEDATION INFORMATION AND CONSENT FORM

Triazolam (Halcion), although usually prescribed as a sleeping pill, is a medication that can greatly minimize anxiety that may be associated with going to the dentist. In a relaxed state, you will be able to communicate with the dentist while treatment is being performed. Even though it is safe, effective and wears off rapidly after the dental visit, you should be aware of some important precautions and considerations.

1. This consent form should be signed before you take the medication.
2. The onset of triazolam is 15-30 minutes. Do not drive after you have taken the medication. The peak effect occurs between 1 and 2 hours. After that, it starts wearing off and most people feel normal after 6-8 hours. For safety reasons and because people react differently, you should not drive or operate machinery the remainder of the day you take the medication.
3. This medication should not be used if:
 - a. you are hypersensitive to benzodiazepines (Valium, Ativan, Versed, etc.)
 - b. you are pregnant or breast feeding
 - c. you have liver or kidney disease
 - d. you are taking antifungal agents (itraconazole, ketoconazole, fluconazole, miconazole, voriconazole)

Tell the doctor if you are taking the following medications as they can adversely interact with triazolam: nefazodone (Serzone); cimetidine (Tagamet, Tagamet HB, Novocimetine or Peptol); levodopa (Dopar or Larodopa) for Parkinson's Disease; antihistamines (such as Benadryl, Tavist), verapamil (Calan); diltiazem (Cardizem), erythromycin and the azole antimicrotics (Nizoral, Biaxin or Sporanox), HIV drugs (indinavir, nelfinovir) and alcohol. Of course, taking recreational drugs/illicit drugs can also cause untoward reactions.

4. Side effects may include light-headedness, headache, dizziness, visual disturbances, amnesia and nausea. In some people, oral triazolam may not work as desired.
5. Smokers will probably notice a decrease in the medication's ability to achieve the desired result.
6. You should not eat prior to your appointment.
7. Local anesthesia may be used in conjunction with triazolam.
8. When at home, lie down with your head slightly elevated. Someone should stay with you for the next several hours because of the possible disorientation and possible injury from falling.

I UNDERSTAND THESE CONSIDERATIONS AND AM WILLING TO ABIDE BY THE CONDITIONS STATED ABOVE. I HAVE HAD THE OPPORTUNITY TO ASK QUESTIONS AND HAVE HAD THEM ANSWERED TO MY SATISFACTION.

Signed (Patient) _____ Date: _____

Signed (Witness) _____ Date: _____